





# SEPTEMBER

## Ocean Academy Charter School Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7	1 8	2 9	3 10	4 11
				
14	15	16	17	18
<ul style="list-style-type: none"> <li>Assorted Breakfast Kit</li> <li>100% Fruit Juice</li> <li>Milk Variety</li> </ul>	<ul style="list-style-type: none"> <li>Assorted Benefit Breakfast Bars</li> <li>100% Fruit Juice</li> <li>Milk Variety</li> </ul>	<ul style="list-style-type: none"> <li>Apple Frudel</li> <li>Fresh Apple</li> <li>Milk Variety</li> </ul>	<ul style="list-style-type: none"> <li>Assorted Benefit Breakfast Bars</li> <li>Milk Variety</li> <li>100% Fruit Juice</li> </ul>	<ul style="list-style-type: none"> <li>Assorted Muffin</li> <li>Fresh Orange</li> <li>Milk Variety</li> </ul>
21	22	23	24	25
<ul style="list-style-type: none"> <li>Assorted Breakfast Kit</li> <li>100% Fruit Juice</li> <li>Milk Variety</li> </ul>	<ul style="list-style-type: none"> <li>Assorted Benefit Breakfast Bars</li> <li>100% Fruit Juice</li> <li>Milk Variety</li> </ul>	<ul style="list-style-type: none"> <li>Assorted Pop-Tart with Graham Crackers</li> <li>Fresh Apple</li> <li>Milk Variety</li> </ul>	<ul style="list-style-type: none"> <li>Assorted Benefit Breakfast Bars</li> <li>100% Fruit Juice</li> <li>Milk Variety</li> </ul>	<ul style="list-style-type: none"> <li>Bagel with Cream Cheese</li> <li>Fresh Orange</li> <li>Milk Variety</li> </ul>
28	29	30		

Menus are Subject to Change Please note Maschio's Nutrislice carbohydrate counts are calculated using an average of our most used products. Maschio's Food Services nutrient information is based on the most updated manufacturer's food labels available and may be subject to change without warning. For Carbohydrate Counts for food items, please visit [www.maschiofood.com](http://www.maschiofood.com) for the most up to date Carbohydrate Count List of Common Foods. This list is updated on a monthly basis and as needed. Carbohydrate Counts for items are based on Nutrikids Analysis of Maschio's Recipes and may vary based on product availability. These calculations are not intended for medical use.

EOE Statement Maschio's Food Services, Inc. is an Equal Opportunity Employer.

This institution is an equal opportunity provider. Layout & Design © Nutrislice, Inc. Printed on 9/12/2020.

